

April Menu

GF= Gluten Free
DF= Dairy Free
SF= Soy Free
EF= Egg Free
V= Vegan
VEG= Vegetarian

Breakfast

monday	tuesday	wednesday	thursday	friday
31 Banana Pancake w/ Syrup & Fruit (VEG)(SF)	1 Yogurt w/ Granola Crumbles & Fruit (VEG)(GF)(SF)(EF)	2 Cheesy Breakfast Potatoes & Fruit (VEG)(GF)(SF)(EF)	3 Pumpkin Muffin & Fruit (VEG)(SF)(DF)	4 Banana Bread & Fruit (VEG)(SF)
7 Apple Cinnamon Oatmeal & Fruit (V)(GF)(SF)(EF)(DF)	8 Blueberry Smoothie Bowl w/ Granola Crumbles & Fruit (VEG)(GF)(SF)(EF)	9 Cheesy Grits & Fruit (VEG)(GF)(SF)(EF)	10 Carrot Bread & Fruit (VEG)(SF)	11 Cranberry Orange Muffin & Fruit (VEG)(SF)
14 Sweet Potato & Turkey Bacon Hash w/ Flour Tortilla (SF)(EF)(DF)	15 Cinnamon Rice Pudding & Fruit (VEG)(GF)(SF)(EF)	16 Cinnamon Swirl Pancake w/ Syrup & Fruit (VEG)(SF)	17 Apple Crumble Bar & Fruit (VEG)(SF)	18 Cold Noodle Kugel & Fruit (VEG)(SF)
21 Strawberry Cocoa Oatmeal & Fruit (V)(GF)(SF)(EF)(DF)	22 Mango Peach Smoothie Bowl w/ Granola Crumbles & Fruit (VEG)(GF)(SF)(EF)	23 Veggie & Cheese Egg Muffin & Fruit (VEG)(SF)	24 Blueberry Banana Oat Muffin & Fruit (VEG)(GF)(SF)(EF)	25 Sweet Potato Bread & Fruit (VEG)(SF)(DF)
28 Hot Noodle Kugel & Fruit (VEG)(SF)	29 Yogurt w/ Granola Crumbles & Fruit (VEG)(GF)(SF)(EF)	30 Cheesy Grits & Fruit (VEG)(GF)(SF)(EF)		